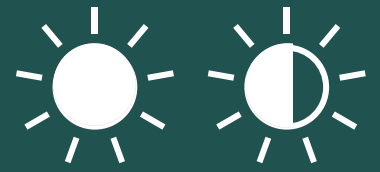


PERENNIAL HERB



# Virginia Mountain Mint

## *Pycnanthemum virginianum*



MORE INFO  
& PHOTOS



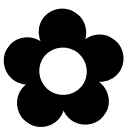
Arcadia  
NATIVES

- Native to wet prairies/moist bluffs
- Blooms white/lavender, June-Sept
- Crushed leaves highly aromatic
- Strongly attractive to insects
- AKA Mountain Thyme

### FUN FACTS:

Prefers moist soil, but is adaptable. Less aggressive in drier soil. Looks similar to *P. tenuifolium*. Easy to grow!

*COMPANIONS: Boneset, Rose Milkweed, Great Blue Lobelia, Wild Strawberry, Blazing Star, Meadow Phlox, Purple Coneflower, Parasol Whitetop, Evening Primrose, Bee Balm*



Summer  
Flowers



Deer  
Resistant



Pollinator  
Powerhouse



Colony  
Forming



Attractive  
en Masse



Herbal/  
Culinary



Rain  
Garden

**Height:** 2-3 feet  
**Spacing:** 1-2 feet

**Soil:** Avg, Loam, Clay, Rocky  
Wet, Med-Wet, Med, Med-Dry