

PERENNIAL HERB



Virginia Mt. Mint

Pycnanthemum virginianum

- Wet prairies/moist bluffs
- Blooms white, June-Sept
- Highly aromatic leaves
- Attractive to insects
- AKA Mountain Thyme



Summer
Flowers



Deer
Resistant



Pollinator
Powerhouse



Colony
Forming



Attractive
en Masse



Herbal/
Culinary



Rain
Garden

Height: 2-3 feet

Spacing: 1-2 feet

Soil: Avg, Loam, Clay, Rocky
Wet, Med-Wet, Med, Med-Dry