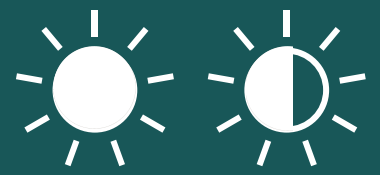


PERENNIAL



Helen's Flower

Helenium autumnale



DAINTY SULPHUR
BUTTERFLY



MT. CUBA
REPORT

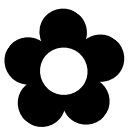


- Prefers moist soil
- Blooms yellow, Aug-Oct
- May become floppy in very rich soil or too much shade
- Pollinator favorite

HELPFUL TIPS:

For a shorter more compact plant, cut back in early June. Divide every 3-4 years. Intolerant of dry soils. Has a long bloom time.

COMPANIONS: Spotted Joe Pye Weed, Northern Sea Oats, New England Aster, Boneset, Blazing Star, Blue Mistflower, Rose Milkweed, Rose Mallow, Bee Balm



Fall
Flowers



Deer
Resistant



Pollinator
Powerhouse



Butterfly
Host Plant



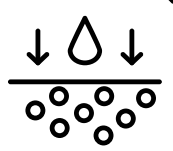
Benefits
Birds



Riaprian
Buffer



Rain
Garden



Consistent
Moisture

Height: 3-5 feet
Spacing: 1-2 feet

Soil: Average, Rich, Clay
Wet, Medium-Wet